

# WorkSafe Month 2020

Safe Bodies, Safe Minds.

OCTOBER 2020

WorkSafe Month  
2020 Program



# Tasmania's WorkSafe Month



**Make your work health, safety and wellbeing a priority this month by registering and participating in one of the many online webinar and training sessions we have made available in this years program\*.**

# WorkCover Tasmania Board



**Supporting Tasmanian workers to be safe and well, everyday.**

The WorkCover Tasmania Board (The Board) works with workers, employers, medical practitioners, licenced insurers, self-insurers and others to ensure a fair and equitable workers compensation scheme, good return to work outcomes and safer workplaces for all Tasmanian workers.

To achieve this, the Board:

- oversees Tasmania's workers compensation scheme and monitors the performance of scheme participants
- promotes prompt and effective injury management
- promotes safe and healthy workplaces by providing health and safety guidance.

## **Relationship with WorkSafe Tasmania**

The Board has a strong relationship with the Department of Justice, with the Secretary of the Department fulfilling the role of Chair of the Board.

The Board monitors and reviews the performance of functions, and exercise of powers, of the Work Health and Safety Regulator. WorkSafe Tasmania supports the Board's functions in overseeing the Tasmanian workers compensation scheme and ensuring effective injury management.

WorkSafe Tasmania informs the Board of emerging national work health and safety issues, and developments in work health and safety matters in other jurisdictions.

\*Program is correct at the time of printing.

# Welcome to WorkSafe Month 2020



## **The Hon. Elise Archer, MP Minister for Building and Construction**

The health, safety and wellbeing of Tasmanians is of the utmost importance to the Tasmanian Government.

The global COVID-19 pandemic has meant that this year has been an incredibly challenging year for all of us, but as we navigate our 'new normal' together I have been inspired by the Tasmanian community's efforts to remain safe. I would like to again thank all Tasmanians for their strong community spirit and resilience as we work together to stay safe, recover and rebuild.

Workplaces, businesses and workers have shown initiative and determination as they've adjusted to COVID-19 requirements and WorkSafe Month provides a great opportunity to enrich their working environment.

WorkSafe Month is a long running initiative of the WorkCover Tasmania Board. Since 1996, WorkSafe Month has helped workers, managers and employers learn to manage workplace hazards, understand their rights and responsibilities, manage positive return to work outcomes and become mentally healthier too.

2020 will be no exception. WorkSafe Month has also adapted to ensure it continues to deliver something for everyone – workers old and new, and employers large and small. Regardless of your working hours, location, business size, industry or role at work, an exclusively online delivery will guarantee there's an option that suits you.

This year's theme 'Safe Bodies, Safe Minds' acknowledges the importance of physical and mental health and wellbeing at work, and highlights what every Tasmanian can do to ensure their work is safer, healthier and more productive.

Online learning options delivered by work health and safety professionals, business leaders and experts will include WorkSafe hosted webinars, training by OzHelp (a program of Lifeline Tasmania) and Safe Work Australia's Virtual Seminar Series.

The program covers health and safety, mental health and wellbeing, workers compensation and return to work. Innovative topics explore a broad range of issues such as developing capabilities to support mental health at work, examining the health consequences of too much sitting, understanding gendered violence as a work health and safety issue, and preventing harmful alcohol and drug consumption in the workplace.

I would like to thank WorkCover Tasmania and all the presenters who have generously shared their knowledge to provide our community with the tools to ensure we remain safe and in tune with our bodies and minds at work.

I encourage everyone to register at [www.worksafetasmth.com.au](http://www.worksafetasmth.com.au) and participate in this informative program to ensure that all Tasmanians remain aware of the importance of work health and safety, wellbeing and return to work as we rebuild a stronger Tasmania following the impacts of COVID-19.

Please look after each other, stay safe and take care.

# Mental Health Training

**Provided by OzHelp Tasmania**

**A program of Lifeline Tasmania**

## **Introduction to Mental Health and Wellbeing in the Workplace**

This free, 90-minute, online course promotes positive mental health and individual resilience in the workplace. It is designed as a first step towards understanding mental health and ill-health and encourages participants to reflect on their own health and wellbeing, at work and at home.

Two sessions are available:

**Monday 5 October**, 10am – 11.30am

**Tuesday 13 October**, 10am – 11.30am

Cost: Free

For more details and to register visit [worksafetasmth.com.au](https://worksafetasmth.com.au) or phone OzHelp Tasmania on 1300 003 313.

## **Supporting Others in the Workplace**

This free, 90-minute, online course promotes individual resilience and provides practical skills to identify and support co-workers who may be struggling with mental health issues or life challenges. This session follows the introduction course (above) but can be attended as a stand-alone session.

Two sessions are available:

**Monday 5 October**, 2pm – 3.30pm

**Tuesday 13 October**, 2pm – 3.30pm

Cost: Free

For more details and to register visit [worksafetasmth.com.au](https://worksafetasmth.com.au) or phone OzHelp Tasmania on 1300 003 313.

## **Managing Mental Health and Wellbeing in the Workplace**

Workplaces have a vital role to play in providing supportive environments that promote mental health, wellbeing and resilience in their people. This free, 3.5 hour, online course is specifically designed to empower managers with the knowledge and skills necessary to support workers presenting with issues pertaining to mental health and/or mental illness.

Two sessions are available:

**Tuesday 6 October**, 10am – 1.30pm

**Friday 16 October**, 10am – 1.30pm

Cost: Free

For more details and to register visit [worksafetasmth.com.au](https://worksafetasmth.com.au) or phone OzHelp Tasmania on 1300 003 313.



## SALT Suicide Awareness

This free, two-hour, online course is designed to increase suicide awareness, alerting participants to signs that someone may be at risk of suicide. The course acknowledges that while most people at risk of suicide signal their distress, and display invitations for help, these signals can be overlooked due to a lack of understanding of the signs. Participants will learn to recognise when a person may have thoughts of suicide and respond in ways that will link the individual to further help.

Two sessions are available:

**Wednesday 7 October, 2pm – 4pm**

**Thursday 15 October, 2pm – 4pm**

Cost: Free

For more details and to register visit [worksafetasmth.com.au](http://worksafetasmth.com.au) or phone OzHelp Tasmania on 1300 003 313.

This course is fully subsidised by Lifeline Tasmania.

## Mental Health First Aid

This subsidised, online course teaches you how to offer initial support to adults who are developing a mental health problem, experiencing the worsening of an existing mental health problem or are in a mental health crisis, until appropriate professional help is received or the crisis resolves. The course curriculum is evidence-based, informed by the Mental Health First Aid Australia guidelines.

This newly developed, online edition involves two components.

Component 1: A self-paced, interactive eLearning module (approx. 4-6 hours)

Component 2: Two, instructor-led video conference modules (2.5 hours each)

Two courses are available:

### Group 1

**Day 1: Wednesday 7 October, 10am – 12.30pm**

**Day 2: Wednesday 14 October, 10am – 12.30pm**

Cost: \$55 GST incl. (normally \$220 GST incl.)

For more details and to register visit [worksafetasmth.com.au](http://worksafetasmth.com.au) or phone OzHelp Tasmania on 1300 003 313.

### Group 2

**Day 1: Thursday 8 October, 10am – 12.30pm**

**Day 2: Thursday 15 October, 10am – 12.30pm**

**Space is limited.  
Registration limit of two people,  
per organisation, per course applies.**



# Work Health and Safety Advisory Service

**Want your workplace to be safe and healthy?**

**Free help is at hand**

- Do you own or manage a small business?
- Not sure if your health and safety systems are up to date?
- Want to reduce workplace injuries and lost time?
- We can help! Our service is free and confidential, and we come to you.



**To request a visit  
call 1300 366 322**



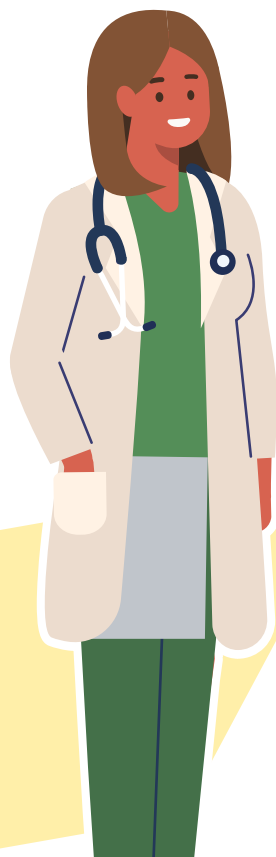
The WorkCover Tasmania Board established the Advisory Service in 2007 as part of the Board's strategy to improve workplace safety through providing consultative, educative, informative and advisory initiatives.



**national safe work month**  
*October*

# **WHS** through **COVID-19**

**NATIONAL SAFE WORK MONTH 2020**



**#safeworkmonth #safetytogether**

**Working together towards  
health and safety this October**

Visit [safeworkmonth.swa.gov.au](https://safeworkmonth.swa.gov.au) for more



**national safe  
work month**

# 2020 Webinar Timetable

Register to attend these free webinars at [worksafetasmth.com.au](https://worksafetasmth.com.au)

Code	Date	Time	Duration	Title	Presenter(s)
W01	1 Oct	2pm	60 mins	Become a calming influence inside the chaos	Garry Mills - Garry Mills Peak Performance
W02	2 Oct	10am	45 mins	How workplace technology and innovation is revolutionising the injury prevention landscape	Rhys Cooper - Longitude6
W03	2 Oct	2pm	60 mins	Self-care	Kristen Carroll - Lifeline Tasmania Inc
W04	5 Oct	10am	60 mins	Building resilience	Natasha Cloak - SPEAK UP! Stay ChatTY
W05	5 Oct	2pm	45 mins	Compliance brings you freedom	Hazel Smirlis - Compliance Lab
W06	6 Oct	10am	25 mins	COVID-19 – employers' legal obligations under the <i>Tasmanian Anti-Discrimination Act 1998</i> are non-negotiable	Jennie Gorringer - Equal Opportunity Tasmania
W07	6 Oct	2pm	60 mins	Alcohol and drug use in the workplace – it's a health and wellbeing issue	Dave Reynolds and Maurice Dawe - Drug Education Network (DEN)
W08	7 Oct	10am	45 mins	Developing managers' capabilities in supporting workplace mental health – looking after your workers, looking after yourself	Dr Megan Woods - University of Tasmania
W09	7 Oct	2pm	60 mins	Supervisor's guide to managing the injured worker	Angelina Lee - PhysioForward
W10	8 Oct	2pm	60 mins	Psychological injury – towards safe and durable return to work	Anne-Marie Dean and Ruth Feeger - Tasmanian Association of Vocational Rehabilitation Providers (TAVRP)
W11	9 Oct	10am	60 mins	Protecting the mental health of small businesses during COVID-19 recovery	Linda Sheahan - Beyond Blue and Yohana Franklin - Everymind
W12	9 Oct	2pm	60 mins	Powerful resilience – mental and physical health through heart and mind teamwork	Klaus Baur - Heart2Heart Foundation
W13	12 Oct	10am	20 mins	Industry snapshots – workers compensation	Vicki Tabor - WorkSafe Tasmania
W14	12 Oct	2pm	60 mins	Managing hidden psychological injury in the workplace	Dr Kieran Holm - Positive Solutions
W15	13 Oct	10am	45 mins	How to retain and attract a mentally healthy team	Bianca Welsh - Stillwater Restaurant, Seven Rooms and Black Cow Bistro
W16	13 Oct	2pm	30 mins	Respect and culture – workplace 2020	Roz Taylor - Respect at Work
W17	14 Oct	10am	45 mins	Management of COVID-19 in the workplace	Brad Parker - WorkSafe Tasmania
W18	14 Oct	2pm	60 mins	Balancing act – employers and employees talking about the next life stage	Ros Herbert and Lyn McGaurr - Council on the Ageing (COTA Tasmania)
W19	15 Oct	10am	30 mins	Find cancer early	Ella French - Cancer Council Tasmania



# 2020 Webinar Timetable

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Code	Date	Time	Duration	Title	Presenter(s)
W20	15 Oct	2pm	60 mins	Just culture in practice – is there a fine line between preventive and punitive measures?	Associate Professor Nektarios Karanikas - Queensland University of Technology
W21	16 Oct	10am	60 mins	Respirator fit testing – why and how	Mark Reggers - 3M
W22	16 Oct	2pm	60 mins	Respect at work – understanding gendered violence as a WHS issue	Jessica Munday - Unions Tasmania
W23	19 Oct	10am	60 mins	Sedentary work and public health – integrating the evidence and identifying potential solutions	Professor David Dunstan - Baker Heart and Diabetes Institute and Associate Professor Genevieve Healy - University of Queensland
W24	19 Oct	2pm	35 mins	Exercise physiology – task specific exercise programs in the workers compensation arena	Justin Ockerby - IPAR Rehabilitation
W25	20 Oct	10am	60 mins	Recovery blueprint – introducing risk identification in real life	Dr Ross Iles - Monash University
W26	20 Oct	2pm	60 mins	You'll be fine – you've only sprained your brain	Robert Aurbach - Uncommon Approach
W27	21 Oct	10am	50 mins	Usability mapping – the science of safety	Klaus Hofer - Communications and Training International
W28	22 Oct	2pm	30 mins	SunSmart in the workplace	Ella French - Cancer Council Tasmania
W29	23 Oct	10am	45 mins	Ever made a mistake?	David Bentley - Just Leadership
W30	26 Oct	10am	60 mins	Putting the 'I' in risk assessment in 'novel' workplace design	Daniella Polita, Maree Webber, Andrea Ireland, Lorna Farquhar, Liz Freeman - TAS Ergonomic Collaborative
W31	26 Oct	2pm	60 mins	Using wearable technology to reduce injury risk	Scott Coleman - Preventure Pty Ltd
W32	27 Oct	10am	60 mins	The management of mental health issues in the workplace – the legal perspective	Luke Taylor and Sarah Sealy - HWL Ebsworth Lawyers
W33	27 Oct	2pm	40 mins	WHS governance – building culture, capability and compliance	Alison Merridew and Alicia Leis - WLF Accounting & Advisory
W34	28 Oct	2pm	90 mins	The path back from isolation – enhancing employee wellbeing and performance post COVID-19	Associate Professor Kimberley Norris - University of Tasmania
W35	29 Oct	10am	60 mins	HSR panel discussion – making positive safety change in the workplace	Jessica Munday - Unions Tasmania
W36	30 Oct	10am	45 mins	Management of respirable silica dust in the workplace	Anthony Warwick - WorkSafe Tasmania
W37	30 Oct	2pm	60 mins	Creating a mentally healthy workplace starts with you – what, why and how	Wendy French - Talking about...Training

\*Webinar timetable is correct at the time of printing.

**For more information about our webinar series visit [worksafetasmth.com.au](https://worksafetasmth.com.au)**

# Webinar descriptions

To register for our free WorkSafe Month webinars visit [worksafetasmonth.com.au](https://worksafetasmonth.com.au)

## Become a calming influence inside the chaos (W01)

Presented by Garry Mills from Garry Mills Peak Performance

Date: Thursday 1 October

Time: 2pm

Duration: 60 minutes

This webinar includes practical activities to help you understand and apply the formula of awareness, intent and action; and help you become the calming influence during stressful times.

## How workplace technology and innovation is revolutionising the injury prevention landscape (W02)

Presented by Rhys Cooper from Longitude6

Date: Friday 2 October

Time: 10am

Duration: 45 minutes

This webinar looks at how technology and tools are currently used in workplaces and how they can successfully mitigate risk and injury. It will help you consider how you can 'injury-proof' your business.

## Self-care (W03)

Presented by Kristen Carroll from Lifeline Tasmania Inc

Date: Friday 2 October

Time: 2pm

Duration: 60 minutes

This webinar examines the impact stress, compassion fatigue, burnout, COVID-19 and vicarious trauma can have on our wellbeing. It explains the signs to look for and the strategies to address them; and includes tips for developing a self-care plan.

## Building resilience (W04)

Presented by Natasha Cloak from SPEAK UP! Stay ChatTY

Date: Monday 5 October

Time: 10am

Duration 60 minutes

This webinar focuses on mental health and stress management. It explains internal and external factors that influence our ability to cope; and how to build resilience so we can move through challenges. It provides tools and strategies to incorporate into your personal and professional daily life to reduce/manage stress and boost positive mental health.

## Compliance brings you freedom (W05)

Presented by Hazel Smirlis from Compliance Lab

Date: Monday 5 October

Time: 2pm

Duration: 45 minutes

This webinar shows you how to set up and manage systems in your business for greater 'freedom'. The benefits of such systems include improvements in worker safety, engagement and compliance, and risk management. It will help you shift from being reactive to proactive and will help you innovate and get through times of crisis using systems.

## COVID-19 – employers' legal obligations under the Tasmanian Anti-Discrimination Act 1998 are non-negotiable (W06)

Presented by Jennie Gorringer from Equal Opportunity Tasmania

Date: Tuesday 6 October

Time: 10am

Duration: 25 minutes

This webinar explores potential discrimination pitfalls that many employers are currently facing or may face well into the future as we start to come out of the tighter restrictions around COVID-19. It covers management practices/HR and recruitment.

## Alcohol and drug use in the workplace – it's a health and wellbeing issue (W07)

Presented by Dave Reynolds and Maurice Dawe from Drug Education Network (DEN)

Date: Tuesday 6 October

Time: 2pm

Duration: 60 minutes

This webinar covers the connection between alcohol and drug use and mental health; and why it should be addressed in a workplace health and wellbeing framework. It covers evidence-based approaches of effective workplace education strategies and policy guidelines.

## **Developing managers' capabilities in supporting workplace mental health – looking after your workers, looking after yourself (W08)**

Presented by Dr Megan Woods from University of Tasmania

Date: Wednesday 7 October

Time: 10am

Duration: 45 minutes

This webinar examines how workplace conditions and experiences influence people's mental health (particularly their experiences of stress and burnout). It presents simple ways to support the mental health of you and your workers.

## **Supervisor's guide to managing the injured worker (W09)**

Presented by Angelina Lee from PhysioForward

Date: Wednesday 7 October

Time: 2pm

Duration: 60 minutes

This webinar explains the roles of those involved in the return to work process for an injured worker. It includes timeframes for recovery, how to manage and prepare the workplace for the return of the injured workers, how supervisors and work colleagues can impact the recovery process and the cost of not getting it right.

## **Psychological injury – towards safe and durable return to work (W10)**

Presented by Anne-Marie Dean and Ruth Feeger from Tasmanian Association of Vocational Rehabilitation Providers (TAVRP)

Date: Thursday 8 October

Time: 2pm

Duration: 60 minutes

This webinar provides an overview of the challenges faced and potential strategies that can be used in managing workplace psychological injury, including case studies to illustrate these.

## **Protecting the mental health of small businesses during COVID-19 recovery (W11)**

Presented by Linda Sheahan from Beyond Blue and Yohana Franklin from Everymind

Date: Friday 9 October

Time: 10am

Duration: 60 minutes

This webinar includes case studies, practical examples and resources to help small business and their stakeholders manage their mental health during the COVID-19 recovery phase.

## **Powerful resilience – mental and physical health through heart and mind teamwork (W12)**

Presented by Klaus Baur from Heart2Heart Foundation

Date: Friday 9 October

Time: 2pm

Duration: 60 minutes

This webinar explores how the mind and heart can collaborate to increase resilience. It shows how having a peaceful mind improves mental health and relationships at work and home; how a strong heart improves focus, attention and availability; and how both improve team cohesion and performance.

## **Industry snapshots – workers compensation (W13)**

Presented by Vicki Tabor from WorkSafe Tasmania

Date: Monday 12 October

Time: 10am

Duration: 20 minutes

This webinar provides an insight into workers compensation performance data for industry groups across Tasmania in 2019. Snapshots provide an overview of the workforce; and data on workers compensation injuries and causes including action areas identified in the WorkSafe Strategic Plan 2018-2023. It will also look back at the last three years of data regarding priority industries and conditions.

## **Managing hidden psychological injury in the workplace (W14)**

Presented by Dr Kieran Holm from Positive Solutions

Date: Monday 12 October

Time: 2pm

Duration: 60 minutes

This webinar increases awareness about the extent and impact of work-related mental health injuries; and what employers and workers can do to minimise and reduce these.

## **How to retain and attract a mentally healthy team (W15)**

Presented by Bianca Welsh from Stillwater Restaurant, Seven Rooms and Black Cow Bistro

Date: Tuesday 13 October

Time: 10am

Duration: 45 minutes

This webinar explains the bio-psycho-social model of psychology to assist in your understanding of mental health and mental illness. It also provides practical guidance about workplace practices and behaviours that can increase staff retention, productivity and contribute to a positive workplace culture.



## Respect and culture – workplace 2020 (W16)

Presented by Roz Taylor from Respect at Work

Date: Tuesday 13 October

Time: 2pm

Duration: 30 minutes

This webinar explores the impact of respect and disrespect in the workplace, what respectful and supportive workplaces are (including post-COVID-19), workplace values, communication and transparency, responsibilities and more.

## Management of COVID-19 in the workplace (W17)

Presented by Brad Parker from WorkSafe Tasmania

Date: Wednesday 14 October

Time: 10am

Duration: 45 minutes

This webinar covers risks associated with COVID-19. Hear about undertaking risk assessments and reviewing controls to reduce the risk, integrating infectious diseases control into your safety management system, industry-specific challenges and more.

## Balancing act – employers and employees talking about the next life stage (W18)

Presented by Ros Herbert and Lyn McGaurr from Council on the Ageing (COTA Tasmania)

Date: Wednesday 14 October

Time: 2pm

Duration: 60 minutes

This webinar discusses workplace ageism and considers innovative paths to create better options for employers and older workers. It shows employers how age diversity is good for workers and good for business. It also encourages employers to tackle ageism and help their workers gain information about their financial, workplace and social options as they approach significant life stages, all without stigma or loss of choices. It shows workers how to plan and prepare for life and working life changes and find opportunities that work for them.

This is a joint WorkSafe Month/ Seniors Week presentation.

## Find cancer early (W19)

Presented by Ella French from Cancer Council Tasmania

Date: Thursday 15 October

Time: 10am

Duration: 30 minutes

This webinar raises awareness about the signs and symptoms of the five most common cancers in Tasmania and the importance of getting checked by a doctor if you notice anything unusual. It explains the three national cancer screening programs.

## Just culture in practice – is there a fine line between preventive and punitive measures? (W20)

Presented by Associate Professor Nektarios Karanikas from Queensland University of Technology

Date: Thursday 15 October

Time: 2pm

Duration: 60 minutes

This webinar explores just culture and its role in WHS, safety errors and workplace safety culture.

## Respirator fit testing – why and how (W21)

Presented by Mark Reggers from 3M

Date: Friday 16 October

Time: 10am

Duration: 60 minutes

This webinar explains what respirator fit testing is and its place within a respiratory protection program. It will cover the different methodologies and considerations for workplaces looking to implement fit testing as part of a respiratory program in their workplace.

## Respect at work – understanding gendered violence as a WHS issue (W22)

Presented by Jessica Munday from Unions Tasmania

Date: Friday 16 October

Time: 2pm

Duration: 60 minutes

This webinar discusses gendered violence – from ‘gay’ or ‘blonde’ jokes through to sexual harassment and assault – as a WHS issue; and how to identify it and eliminate it in the workplace.

## Sedentary work and public health – integrating the evidence and identifying potential solutions (W23)

Presented by Professor David Dunstan from Baker Heart and Diabetes Institute, and Associate Professor Genevieve Healy from University of Queensland

Date: Monday 19 October

Time: 10am

Duration: 60 minutes

This webinar explains the adverse health consequences of too much sitting, especially the associations with chronic diseases. It presents the BeUpstanding program that supports workplaces to create and sustain a ‘dynamic work environment’ where sitting less and moving more is the norm.

## **Exercise physiology – task specific exercise programs in the workers compensation arena (W24)**

Presented by Justin Ockerby from IPAR Rehabilitation

Date: Monday 19 October

Time: 2pm

Duration: 35 minutes

This webinar explains what an exercise physiologist is and how they differ to other allied health professionals. It shows how recreating work tasks in a gym setting is beneficial for a safe, efficient and sustainable return to work.

## **Recovery blueprint – introducing risk identification in real life (W25)**

Presented by Dr Ross Iles from Monash University

Date: Tuesday 20 October

Time: 10am

Duration: 60 minutes

This webinar presents work completed by WorkCover Queensland and Monash University around risk screening of workers compensation case management; and on introducing a consistent approach to identifying factors that increase the risk of a delayed return to work in an accepted workers compensation claim.

## **You'll be fine – you've only sprained your brain (W26)**

Presented by Robert Aurbach from Uncommon Approach

Date: Tuesday 20 October

Time: 2pm

Duration: 60 minutes

This webinar examines how thinking and talking about mental health conditions differently than physical conditions has negative consequences for workers and the workers compensation system. It looks at how changing our approach can result in improved outcomes for everyone.

## **Usability mapping – the science of safety (W27)**

Presented by Klaus Hofer from Communications and Training International

Date: Wednesday 21 October

Time: 10am

Duration: 50 minutes

This webinar covers the usability mapping method for WHS and the principles of psychology that underpin it. It looks at incidents that could have been avoided if the necessary documents had been easier to navigate. It gives examples of usability engineered documents to show how simple and elegant the method is.

## **SunSmart in the workplace (W28)**

Presented by Ella French from Cancer Council Tasmania

Date: Thursday 22 October

Time: 2pm

Duration: 30 minutes

This webinar covers the importance of sun protection, how to protect your skin, how to improve workers' behaviours around sun protection and the importance of early detection of skin cancer specifically relating to the workplace.

## **Ever made a mistake? (W29)**

Presented by David Bentley from Just Leadership

Date: Friday 23 October

Time: 10am

Duration: 45 minutes

This webinar explains how 'compliance and consequence' approaches can decrease communication, disclosure and overall safety by stifling discussion and therefore hazard recognition. It uses aviation case studies where strict compliance measures and the psychological environment they created actually contributed to incidents. This is contrasted with examples of the introduction of a Just Culture approach and the benefits this brings.

## **Putting the 'I' in risk assessment in 'novel' workplace design (W30)**

Presented by Daniella Polita, Maree Webber, Andrea Ireland, Lorna Farquhar and Liz Freeman from TAS Ergonomic Collaborative

Date: Monday 26 October

Time: 10am

Duration: 60 minutes

This webinar explains how risk assessment and solutions need to be customised to individual workers; and how workers should be engaged in the processes of decision making and solution identification.

## **Using wearable technology to reduce injury risk (W31)**

Presented by Scott Coleman from Preventure Pty Ltd

Date: Monday 26 October

Time: 2pm

Duration: 60 minutes

This webinar focuses on workplace injury prevention using movement analysis to identify unknown injury risks, measure risk reduction and drive sustainable behaviour change in workers.

**To find out more information and to register for our free WorkSafe Month webinars visit [worksafetasmont.com.au](https://worksafetasmont.com.au)**



## **The management of mental health issues in the workplace – the legal perspective (W32)**

Presented by Luke Taylor and Sarah Sealy from HWL Ebsworth Lawyers

Date: Tuesday 27 October

Time: 10am

Duration: 60 minutes

This webinar considers the legal implications of mental health issues and claims in the workplace from an employment and safety perspective. It covers the management of subsequent legal issues such as WHS concerns and workers compensation claims.

## **WHS governance – building culture, capability and compliance (W33)**

Presented by Alison Merridew and Alicia Leis from WLF Accounting & Advisory

Date: Tuesday 27 October

Time: 2pm

Duration: 40 minutes

This webinar explores WHS governance, structures, processes and systems within an organisation that enables effective WHS risk management. It will help you assess the effectiveness of WHS governance in your own organisation.

## **The path back from isolation – enhancing employee wellbeing and performance post COVID-19 (W34)**

Presented by Associate Professor Kimberley Norris from University of Tasmania

Date: Wednesday 28 October

Time: 2pm

Duration: 90 minutes

This webinar explores how as workers return to work from working from home after COVID-19, workplaces need to build a culture of psychological safety and capability to survive and thrive. It provides short and long term strategies for safety, wellbeing and performance that support workers as they transition to the 'new normal'.

## **HSR panel discussion – making positive safety change in the workplace (W35)**

Presented by Jessica Munday from Unions Tasmania

Date: Thursday 29 October

Time: 10am

Duration: 60 minutes

This webinar is a panel discussion with elected health and safety representatives sharing their experiences of making positive safety change at work. It focuses on the barriers to change, overcoming those barriers and the importance of consultation and co-operation.

## **Management of respirable silica dust in the workplace (W36)**

Presented by Anthony Warwick from WorkSafe Tasmania

Date: Friday 30 October

Time: 10am

Duration: 45 minutes

This webinar explains what respirable crystalline silica is, examples of activities that give rise to it and the health risks of being exposed to it. It explains critical control measures for reducing exposure and risks from any exposure, include scenarios.

## **Creating a mentally healthy workplace starts with you – what, why and how (W37)**

Presented by Wendy French from Talking about...Training

Date: Friday 30 October

Time: 2pm

Duration: 60 minutes

This webinar explores the role of the workplace in managing mental health issues in a post-COVID-19 world; and the legal, human and financial benefits of doing so. It will cover action steps to help you develop an integrated approach to managing workplace mental health and psychological safety.

**To find out more information and to register for our free WorkSafe Month webinars visit [worksafetasmonth.com.au](https://worksafetasmonth.com.au)**

# WorkSafe Webinars

## Industry snapshots – workers compensation (W13)

Presented by Vicki Tabor from WorkSafe Tasmania

Date: Monday 12 October

Time: 10am

Duration: 20 minutes

This webinar provides an insight into workers compensation performance data/statistics for industry groups across Tasmania in 2019. Each industry snapshot provides an overview of the workforce; statistics on workers compensation injuries and causes including action areas that have been identified in the WorkSafe Strategic Plan 2018-2023. There will also be a look back across the last three years of data regarding priority industries and conditions.

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## WorkSafe Tasmania Inspectors

### What to expect when an inspector visits

WorkSafe Tasmania inspectors work with businesses to improve Tasmanian workplaces by:

- developing and improving safe systems of work
- preventing workers and others from being injured or becoming ill as a result of their work activities.

Our inspectors respond to incidents, help resolve workplace issues, and monitor and enforce compliance with:

- Dangerous Goods (Road and Rail Transport) Act 2010
- Explosives Act 2012
- Long Service Leave Act 1976
- Security-sensitive Dangerous Substances Act 2005
- Work Health and Safety Act 2012
- Workers Rehabilitation and Compensation Act 1988.

**For more information about what to expect from an inspection, visit [worksafe.tas.gov.au](https://www.worksafe.tas.gov.au)**





**For more information contact**

**Phone:** 1300 366 322 (within Tasmania)  
(03) 6166 4600 (outside Tasmania)  
**Fax:** (03) 6173 0206  
**Email:** [wstinfo@justice.tas.gov.au](mailto:wstinfo@justice.tas.gov.au)  
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